

Kaiser Permanente Transition Policy

In order to avoid disruption to your drug therapy, Kaiser Permanente (KP) has a transition policy in place to avoid disruptions to your drug therapy. Under the transition policy, KP can offer a one-time temporary supply of a drug you are currently taking that is not on the Drug List (formulary) or when it is restricted in some way. Doing this gives you time to talk with your provider about the change in coverage and determine your options.

What is a temporary supply?

A temporary supply refers to a month's supply of your prescription. If your prescription is written for fewer days, KP will allow multiple fills up to a month's supply of the medication.

To be eligible for this one-time temporary supply, you must meet the following two requirements:

1. Your drug coverage must meet one of the following types of changes:

- The drug you have been taking is no longer on the plan's Drug List.
- The drug you have been taking is now restricted in some way.

2. You must be in one of the situations described below:

- *New members in the transition period.* The 'transition period' is the first 90 days of enrollment.
- *Current members affected by formulary changes during the first 90 days of the calendar year.*
- *Members who have been in our plan for more than 90 days and reside in a long-term care (LTC) facility and need a supply right away.* KP will cover one 31-day emergency supply of a particular drug, or less if your prescription is written for fewer days. This is in addition to the above temporary supply.

After you receive the temporary supply, KP will send an informational letter outlining additional options.

Well before you run out of this drug, you should speak to KP and/or your prescriber about:

- changing to another drug that is on the plan's Drug List; or
- requesting approval for the drug by demonstrating that you meet KP's criteria for coverage; or
- requesting an exception from KP's criteria for coverage

For detailed information on coverage determinations, appeals and exceptions, refer to your Explanation of Coverage (EOC).